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An Amsler Grid is a simple at home test used to monitor your central vision. Please fold on the dotted line and follow the directions below.

While staring at the dot, one eye at a time, check for the following:

- Wavy lines
- Distortions or missing areas on the grid
- Sides and corners are not visible

If you experience any of these issues on the Grid's surface, an appointment should be made immediately to discuss these changes with an eye care professional.

This test should not replace regularly scheduled visits with an eye doctor.